

Preoperative Optimization Before Total Hip or Knee Replacement Surgery

NCT07394582

Status	RECRUITING
Phase	Not Applicable
Sponsor	Medical University Innsbruck
Enrollment	180 participants

Key Eligibility Criteria

Inclusion (6)

- American Society of Anesthesiologists (ASA) physical status classification e 3
- Age between 18 and 99 years
- All sexes
- Elective total hip or knee replacement with a waiting period of e 8 weeks between surgical indication and surgery
- Ability to understand the nature, content, and procedures of the study and to provide written informed consent
- ... and 1 more (see full listing online)

Exclusion (5)

- Pregnancy or active breastfeeding
- Severe trauma or major blood loss within 14 days prior to enrollment
- Participation in another pharmacological or interventional clinical study
- Contraindications to physical training
- Pre-existing diagnosis of moderate to severe dementia

Locations (1 total)

Medical University Innsbruck, Innsbruck, Tyrol, Austria