

Absorption of Iron From Stabilized Lactoferrin: A Study in Women With Iron Deficiency

NCT07394972

Status	RECRUITING
Phase	Not Applicable
Sponsor	Nicole Stoffel
Enrollment	45 participants

Key Eligibility Criteria

Inclusion (5)

- Serum ferritin \leq 45 μ g/L (iron depleted)
- Body weight \leq 70 kg
- Body mass index 18,5 - 24,9 kg/m² (normal weight)
- Hemoglobin (Hb) \geq 120 g/L (nonanemic)
- C-reactive protein (CRP) \leq 5 mg/L (no inflammation)

Exclusion (9)

- Pregnant or lactating
- Strictly vegan
- Cigarette smoking (\geq 1 cigarette / week)
- Gastrointestinal or metabolic disorders affecting iron absorption or metabolism
- Use of medication known to affect iron metabolism (oral contraceptives are allowed)
- ... and 4 more (see full listing online)

Locations (1 total)

ETH Zurich, Laboratory of Clinical Biopharmacy, Zurich, Switzerland