

Home-Based Leg Dexterity Trainer for Management of Knee Osteoarthritis

NCT07397806

Status	RECRUITING
Phase	Not Applicable
Sponsor	Steadman Philippon Research Institute
Enrollment	82 participants

Key Eligibility Criteria

Inclusion (5)

- Age 40 to 85 years
- Ambulatory in home and community settings
- History of knee osteoarthritis in one or both knees (Kellgren-Lawrence grade II-IV)
- Baseline pain of 3-10 points on the target (i.e., more-affected) knee and a pain differential of at least -2 points on the contralateral knee as exhibited by the worst pain score for the previous week (on the 11-point Numeric Rating Scale, NRS/Visual Analog Scale VAS).
- Capacity to personally give informed consent (consent via a legally authorized representative will not be accepted) and who are willing to comply with all study-related procedures and assessments

Exclusion (13)

- Previous or Planned Knee Surgeries, Procedures, and/or Treatments:
 - Planned surgery on either the contralateral or target knee at any time during the Study period, including pre-and post-training assessments.
 - Within 6 months of signing informed consent has received diagnostic arthroscopy of the target knee or arthroscopic surgery (including microfracture and meniscectomy) on the target knee;
 - Within 12 weeks of signing informed consent has received intra-articular treatment of the target knee with steroids or hyaluronic acid derivatives;
 - Planned intra-articular treatment of the target knee with steroids or hyaluronic acid derivatives on either the contralateral or target knee at any time during the Study period including pre-and post-training assessments.
- ... and 8 more (see full listing online)

Locations (1 total)

Steadman Philippon Research Institute, Vail, Colorado, United States

<https://clinicaltrials.gov/study/NCT07397806>

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