

# GUTLINK4KIDS Intervention

NCT07401212

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University of Reading
<b>Enrollment</b>	106 participants

## Key Eligibility Criteria

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### Inclusion (1)

- Parents (18 years and over) of generally healthy children aged 3-5-years-old (36-71 months) with lower dietary fibre intake than the recommended daily amount (10.4g/day in 18-47-month-olds and less than 12.6g/day in 48-60-month-olds).

### Exclusion (3)

- Children with a significant acute or chronic co-existing illness (including inflammatory bowel disease, functional gastrointestinal disorders, coeliac disease etc, neurodevelopmental, immunological, psychiatric, or metabolic disorders).
- Children who have taken any pre/probiotic supplements or antibiotic treatment within the 4 weeks prior to enrolment.
- Children with food allergies and intolerances

## Locations (1 total)

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University of Reading, School of Psychology and Clinical Languages, Reading, Berkshire, United Kingdom