

Effects of an Amylopectin Chromium Blend on Whole-Body Protein Kinetics and Glucose Control in Peri/Post-Menopausal Women

NCT07402382

Status	RECRUITING
Phase	Not Applicable
Sponsor	Nutrition 21, Inc.
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (16)

- Women aged 40-65 years who meet either of the following menstrual-history criteria:
 - e 6@days but \< 12 months of amenorrhea (late perimenopause)
 - Women with e 12 months of spontaneous amenorrhea (post-menopausal)
- No more than 3 days per week of structured physical activity
- Provide voluntary signed and dated informed consent.

... and 11 more (see full listing online)

Exclusion (14)

- Current use of any dietary ingredient that impacts glucose control or insulin sensitivity.
- Current vegans or vegetarians.
- Intolerance to dairy foods/drinks.
- Smokes more than 10 cigarettes per day or uses other nicotine products (i.e. vape, patch) that deliver a similar amount of nicotine.
- History of malignancy in the previous 5 years except for non-melanoma skin cancer (basal cell cancer or squamous cell cancer of the skin).

... and 9 more (see full listing online)

Locations (1 total)

The Center for Applied Health Sciences, Canfield, Ohio, United States