

# Evaluating Symptom Variations and Observing Longitudinal Individual Change Effects in TF-CBT

NCT07402681

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**Status** RECRUITING  
**Sponsor** University Children's Hospital, Zurich  
**Enrollment** 21 participants

## Key Eligibility Criteria

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### Inclusion (16)

- Participants will be included if:
  - they are between 12 and 18 years of age;
  - they have been exposed to at least one or more traumatic event(s) according to the DSM-5 A criteria after the age of 3 years and dating back at least 1 months (with regard to the ability of patients to remember the event(s) and to the high spontaneous remissions of PTSS in the first month after a traumatic event);
  - they exhibit high severity of DSM-5 PTSS as indicated by a total symptom score of e25 assessed with the Child and Adolescent Trauma Screen 2 (CATS-2);
  - a nonoffending adult caregiver is available for the treatment and willing to participate in weekly treatment sessions (the inclusion of a caregiver is integral to the TF-CBT treatment model);
- ... and 11 more (see full listing online)

## Locations (1 total)

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University Children's Hospital Zurich, Zurich, Canton of Zurich, Switzerland