

Rehabilitation With Empowered Strategies to Optimize Recovery

NCT07406997

Status	RECRUITING
Phase	Not Applicable
Sponsor	Vanderbilt University Medical Center
Enrollment	100 participants

Key Eligibility Criteria

Inclusion (3)

- Surgical treatment of a lumbar degenerative condition using a laminectomy with or without fusion procedure
- English speaking
- Age between 18-75 years

Exclusion (8)

- Surgery due to trauma, fracture, tumor, infection, or spinal deformity
- Revision surgery
- Prior history of lumbar spine surgery in last 5 years
- Involved in litigation or a workers' compensation claim due to injury
- Currently undergoing treatment for cancer

... and 3 more (see full listing online)

Locations (4 total)

Tripler Army Medical Center, Honolulu, Hawaii, United States
Vanderbilt University Medical Center, Nashville, Tennessee, United States
Brooke Army Medical Center, Fort Sam Houston, Texas, United States
... and 1 more locations