

tDCS for Social Media Addiction

NCT07410104

Status	RECRUITING
Phase	Not Applicable
Sponsor	Egas Moniz - Cooperativa de Ensino Superior, CRL
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (3)

- Age e18 years.
- Availability to participate in all study phases/sessions.
- IAT score e31 (moderate to severe level).

Exclusion (5)

- Diagnosis of depressive, anxiety, or bipolar disorders with recent symptoms; schizophrenia; psychotic disorders; or autism spectrum disorder.
- Recent psychotropic medication use or dose change within the last 3 months.
- Current need for inpatient care or ongoing psychotherapy.
- History of dizziness or seizures/convulsions.
- Contraindications to tDCS, including pregnancy, metallic implants, tumors, prior brain surgery, or significant anatomical brain alterations.

Locations (1 total)

Egas Moniz School of Health and Science, Almada, Portugal