

# Trial of Acceptance and Mindfulness-based Exposure Therapy (AM-BET) and Present Centered Therapy (PCT)

NCT07410481

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Columbia University
Enrollment	90 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Between 18 and 81 years old at the time of consent
- Fluency in English
- Medical history of cardiac arrest  $\geq 3$  months ago
- Clinically elevated PTSD symptoms (Clinician-Administered PTSD Scale for DSM-5 (CAPS-5) score  $\geq 25$ )
- U.S. Resident

### Exclusion (8)

- Lifetime history of primary psychotic or bipolar disorders
- Current substance use disorder (moderate or severe in the past 6 months)
- Active suicidal ideation with some intent to act in past 12 months, and/or suicide attempt in past 24 months
- Substantial cognitive impairment (Mini Mental Status Exam (MMSE) score  $\leq 25$ )
- Initiation of new psychotropic medication  $\leq 3$  months ago
- ... and 3 more (see full listing online)

## Locations (1 total)

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Columbia University Irving Medical Center, New York, New York, United States