

Preoperative Rehabilitation for Patient With an ACL Injury

NCT07411625

Status	RECRUITING
Phase	Not Applicable
Sponsor	Nantes University Hospital
Enrollment	84 participants

Key Eligibility Criteria

Inclusion (6)

- Being over 18 years
 - A first episode of an ACL injury
 - An ACLR scheduled at least 10 weeks later, with a surgical technique using hamstring, gracilis, or quadriceps/patellar tendon autograft
 - A minimum passive range of motion of the knee between 10° of extension deficit, and 80° of flexion
 - A medical prescription for prehabilitation
- ... and 1 more (see full listing online)

Locations (1 total)

University Hospital - Laboratoire "Motricité, Interactions, Performance" (UR 4334), Nantes, France