

Remote Ischemic Conditioning Plus Stenting for Symptomatic Carotid Artery Stenosis

NCT07412249

Status	RECRUITING
Phase	Not Applicable
Sponsor	General Hospital of Shenyang Military Region
Enrollment	300 participants

Key Eligibility Criteria

Inclusion (7)

- Age \geq 40 years old;
- Patients with symptomatic moderate to severe stenosis of the internal carotid artery;
- History of ipsilateral cerebral ischemic symptoms within the past 180 days;
- Planned for carotid artery stent;
- Essen Score \geq 3;

... and 2 more (see full listing online)

Exclusion (7)

- Uncontrolled severe hypertension (systolic blood pressure $>$ 180 mmHg or diastolic blood pressure $>$ 110 mmHg despite medication)
- Subclavian artery stenosis \geq 50% or presence of subclavian steal syndrome
- Severe hematological disorders or significant coagulation abnormalities
- Contraindications to remote ischemic conditioning, such as severe soft tissue injury, fracture, or vascular injury in the upper limbs, or peripheral vascular disease in the distal upper limbs
- Severe comorbid conditions with a life expectancy of less than 1 year

... and 2 more (see full listing online)

Locations (1 total)

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