

The STIME Project: Intersectoral Prevention of Severe Youth Mental Health Difficulties

NCT07413887

Status	RECRUITING
Phase	Not Applicable
Sponsor	Center for Clinical Research and Prevention
Enrollment	1,200 participants

Key Eligibility Criteria

Inclusion (24)

- Adolescents aged 12-17 years
 - Mild to moderate impairment in daily functioning (e.g., reduced engagement in school, social life, or leisure activities compared to before symptoms)
 - Adolescents with well-managed ADHD or autism may be included if they demonstrate sufficient mentalizing abilities and can benefit from the intervention with parental support
 - Presence of both anxiety and depressive symptoms, neither of which dominates or meets full diagnostic criteria
 - The family is motivated to participate
- ... and 19 more (see full listing online)

Exclusion (37)

- 'Signs of Internalizing'
 - Symptoms of moderate to severe depression
 - Presence of OCD, PTSD, agoraphobia, panic disorder, or other psychiatric conditions
 - Low cognitive functioning
 - Moderate to severe functional impairment (e.g., school dropout, extreme social withdrawal, daily reliance on adult support, lack of motivation for treatment)
- ... and 32 more (see full listing online)

Locations (1 total)

Center for Clinical Research and Prevention, Frederiksberg, Denmark