

# Improving LDL-C Levels Through Temporal Self-regulation Theory-based, Personality-tailored Health Messages: A Three-Arm Randomized Controlled Trial

NCT07415109

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	National University Health System, Singapore
<b>Enrollment</b>	3,000 participants

## Key Eligibility Criteria

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### Inclusion (2)

- New participants of RESET who have given consent to be contacted for future studies
- e21years old

### Exclusion (1)

- are not able to read, write or communicate in English

## Locations (1 total)

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National University of Singapore, Yong Loo Lin School of Medicine, Singapore, Singapore, Singapore