

Novel Personalised Nutrition Intervention With Tailored Behavioural Support

NCT07417254

Status	RECRUITING
Phase	Not Applicable
Sponsor	University College Dublin
Enrollment	66 participants

Key Eligibility Criteria

Inclusion (2)

- Be a UCD student attending Belfield Campus.
- Be an adult between the age of 18-30 years old, and in good general health.

Exclusion (7)

- Do not attend UCD Belfield Campus.
 - Are <18 or >30 years of age.
 - Have a diagnosis of an acute or chronic medical condition that could interfere with the outcomes of the study. Such diagnoses include (but are not limited to) cardiovascular disease, diabetes mellitus, cancers (within the past 5 years), etc.
 - Are pregnant, lactating or planning to become pregnant.
 - Are following a medically prescribed diet.
- ... and 2 more (see full listing online)

Locations (1 total)

University College Dublin, Belfield, Dublin, Ireland