

Cognitive-Behavioral and Digital Therapy for Suicide Risk in Eating Disorders

NCT07417826

Status	RECRUITING
Phase	Not Applicable
Sponsor	Universitat Autònoma de Barcelona
Enrollment	150 participants

Key Eligibility Criteria

Inclusion (5)

- Gender: Female.
- Age between 18 and 65 years old.
- Clinically stable and able to provide written informed consent.
- Subjects included in the "Suicide Risk Code" (Codi Risc Suïcidi - CRS) program due to recent suicidal ideation or suicide attempts.
- Patients with a diagnosis of an Eating Disorder (ED).

Exclusion (4)

- Presence of intellectual disability or cognitive impairment that prevents understanding the therapy or the study requirements.
- Diagnosis of Bipolar Disorder or any Psychotic Disorder.
- Current active substance abuse or dependence.
- Any medical condition that, in the investigator's opinion, makes participation unsafe or unfeasible.

Locations (1 total)

Hospital Universitari Parc Taulí, Sabadell, Barcelona, Spain