

Effect of Maternal Chocolate Consumption on Fetal Non-Stress Test (NST) Reactivity.

NCT07418151

Status	RECRUITING
Phase	Not Applicable
Sponsor	Universidad Nacional Autonoma de Honduras
Enrollment	190 participants

Key Eligibility Criteria

Inclusion (6)

- Singleton pregnancy between 36+0 and 41+6 weeks of gestation.
 - Baseline Non-Stress Test (NST) classified as non-reactive after a standard 20-minute recording (absence of e2 accelerations of e15 beats per minute lasting e15 seconds).
 - Intact amniotic membranes and not in active labor (cervical dilation \leq 4 cm, with absent or irregular contractions).
 - Ability to provide written, informed consent.
 - Literacy: Ability to read and write (to ensure comprehension of the consent form and study materials).
- ... and 1 more (see full listing online)

Exclusion (21)

- Pregnancy-related exclusions:
 - Multiple gestation (twins, triplets, etc.).
 - Known major fetal malformation.
 - Diagnosis of severe fetal growth restriction with abnormal umbilical artery Doppler.
 - Premature rupture of membranes.
- ... and 16 more (see full listing online)

Locations (1 total)

Hospital San Felipe, Tegucigalpa, Francisco Morazán Department, Honduras