

# FINDISC-Pain, Finnish Discectomy Trial on the Benefits and Harms of Surgery in Patients With Lumbar Disc Herniation

NCT07418944

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Helsinki University Central Hospital
<b>Enrollment</b>	122 participants

## Key Eligibility Criteria

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### Inclusion (9)

- Age 18-60 years
- Diagnosed unilateral lower extremity radiculopathy (sciatica) secondary to lumbar disc herniation (LDH)
- Single LDH at the level of L3/4, L4/5 or L5/S1 on magnetic resonance imaging
- Symptom duration minimum 6 weeks
- NRS worst leg pain 5 or higher
- ... and 4 more (see full listing online)

### Exclusion (9)

- Doubtful nerve root compression
- Spinal stenosis or any other confounding spinal condition
- Far lateral disc herniation
- Serious neurological deficit
- Previous spinal surgery
- ... and 4 more (see full listing online)

## Locations (1 total)

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Helsinki University Central Hospital, Helsinki, Finland