

# Exercise Effects on Fascia, Low Back Pain, and Function in Scoliosis

NCT07418983

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Hacettepe University
Enrollment	30 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Aged 10-50 years
- Diagnosed with idiopathic scoliosis
- Presenting a lumbar scoliosis pattern
- Cobb angle greater than 15°
- Experiencing low back pain for more than 3 months
- ... and 2 more (see full listing online)

### Exclusion (7)

- History of spinal surgery
- Received any scoliosis treatment within the last year
- Current use of a spinal brace
- Use of pain medication
- Scoliosis due to non-idiopathic causes (e.g., neurological, congenital)
- ... and 2 more (see full listing online)

## Locations (1 total)

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Hacettepe University, Faculty of Physical Therapy and Rehabilitation, Ankara, Samanpazar1, Turkey (Türkiye)