

Supporting Social & Economic Equity, Disrupting Cycles of Homelessness, And Nurturing Growth & Empowerment

NCT07419282

Status	RECRUITING
Phase	Not Applicable
Sponsor	Unity Health Toronto
Enrollment	12 participants

Key Eligibility Criteria

Inclusion (7)

- Aged 18 - 24 years
- Experienced homelessness (defined as unstable/time-limited housing arrangements like shelter stays, foster care, or couch surfing) for at least four consecutive weeks in the past year
- Living in market rent housing (defined as non-subsidized housing, inclusive of both formal and informal rental agreements) in the Greater Toronto Area or Niagara Region for at least one month preceding study start
- Willing to actively participate in all components of the intervention
- Able to legally work in Canada (includes having a valid Social Insurance Number)
- ... and 2 more (see full listing online)

Exclusion (5)

- In imminent danger of losing their housing (e.g., facing eviction)
- Planning to move out of the Greater Toronto Area or Niagara Region in the next 18 months
- Employed full-time or enrolled in an education or training program that requires a long-term (>4 weeks) full-time work placement (coinciding with the duration of the study intervention)
- Receiving rent subsidies (does not include shelter allowance through social welfare programs such as Ontario Works or the Ontario Disability Support Program)
- Enrolled in a program or study with features similar to the SEED CHANGE intervention (e.g., 1:1 coaching, supported employment, group program targeting identity/social capital)

Locations (1 total)

Unity Health Toronto, Toronto, Ontario, Canada