

# Acute Effects of Radiofrequency Diathermy in Postpartum Women With Diastasis Abdominis

NCT07419399

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Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Valencia
Enrollment	48 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Age between 20 and 45 years old.
- BMI between 18.5 and 29.9 kg/mw.
- Postpartum period between 6 months and 1 year Additionally, in the group of women with RAD, pathological RAD will be defined as an inter-rectus distance greater than 2.2 cm (measured 3 cm above the navel), according to the criteria of Beer et al. (2009)

### Exclusion (3)

- Previous surgeries involving the abdominal wall.
- Cesarean deliveries.
- Women diagnosed with chronic pain

## Locations (1 total)

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Faculty of Physiotherapy. University of Valencia, Valencia, Valencia, Spain