

Ambulatory Stroke Unit Treatment for Elderly Patients

NCT07420374

Status	RECRUITING
Phase	Not Applicable
Sponsor	University Hospital Heidelberg
Enrollment	400 participants

Key Eligibility Criteria

Inclusion (5)

- Age ≥ 60 years
- Diagnosis of acute ischemic stroke (ICD-10 I63.), transient ischemic attack (G45.), or retinal ischemia (H34.1*)
- Symptom onset ≤ 7 days before enrollment
- No or non-disabling newly occurring neurological deficit allowing safe ambulatory management
- Written informed consent provided by the participant or, if lacking decision-making capacity, by a legally authorized representative

Exclusion (9)

- Requirement for urgent surgical or interventional secondary prevention (e.g., carotid revascularization)
 - Fluctuating stroke symptoms within the previous 48 hours
 - Acute febrile infection or isolation-requiring infectious disease
 - Clinically relevant dysphagia with high aspiration risk
 - Critical medical or nursing findings requiring mandatory multi-day inpatient treatment
- ... and 4 more (see full listing online)

Locations (1 total)

Heidelberg University Hospital, Heidelberg, Germany