

Respiratory and Real-time Dynamics in Exercise-Induced Paradoxical Vocal Fold Motion

NCT07420530

Status	RECRUITING
Phase	Early Phase 1
Sponsor	Indiana University
Enrollment	120 participants

Key Eligibility Criteria

Inclusion (13)

- Physically active ≥ 2.5 hours per week
- Patients with EILO, as diagnosed by routine clinical examination by physician and/or speech language pathologist
- Age range of 18-26 years
- Greater difficulty breathing inside compared to out and difficulty breathing which is exacerbated at peak exercise and stops 1-5 minutes after exercise
- Score of 7 or higher on the Dyspnea Index, which is a validated instrument to capture participant self-report of upper airway dyspnea symptoms.

... and 8 more (see full listing online)

Exclusion (16)

- Individuals older than 26 years and younger than 18 years of age.
- Women who are pregnant or could possibly be pregnant.
- BMI ≥ 25 kg/m²
- A 'yes' answer to any of the 14 questions on the PAR-Q pre-participation questionnaire
- Current smoker

... and 11 more (see full listing online)

Locations (1 total)

Indiana University, Bloomington, Indiana, United States