

An 8-Week Study Evaluating Gut and Digestive Health After Use of a Dietary Supplement System

NCT07421596

Status	RECRUITING
Phase	Not Applicable
Sponsor	SF Research Institute, Inc.
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (9)

- \. Male or female adults aged 18 to 80 years (considering 50% men and 50% women, even breakdowns in age groups 18-30, 31-60, 61-80 years, and 12-15% African American required) at the time of screening.
- \. Willing and able to provide written informed consent before participation in any study-related procedures.
- \. Willing and able to comply with all study procedures, including clinic visits, completion of questionnaires, and stool sample collection at predetermined time points.
- \. Willing to collect and provide stool samples, either in-clinic or at home as instructed.
- \. Willing to abstain from alcohol consumption (including beer, wine, and spirits) for the duration of the study.

... and 4 more (see full listing online)

Exclusion (16)

- \. Known allergy or hypersensitivity to any ingredient(s) of the study product or other herbal products.
- \. Presence or history of any medical condition that may interfere with study participation or outcome interpretation, including but not limited to:
 - Malabsorption disorders
 - Chronic gastrointestinal diseases
 - Severe depression

... and 11 more (see full listing online)

Locations (1 total)

San Francisco Research Institute, San Francisco, California, United States