

# GLP-1RA Effects on Lean Mass and Bone Health in Midlife Women

NCT07422987

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**Status** RECRUITING  
**Sponsor** University of Kansas Medical Center  
**Enrollment** 50 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Females
- Age 35-60 year
- BMIe30 or BMIe27 and at least one cardiometabolic risk factor (dyslipidemia, hypertension, obstructive sleep apnea, metabolic syndrome, fatty liver, PCOS)
- Newly prescribed a GLP-1RA medication
- English speaking
- ... and 1 more (see full listing online)

### Exclusion (9)

- Pregnant women
- Under age 35 or over age 60
- Born male
- Cannot consent for themselves
- Cannot read and speak in English
- ... and 4 more (see full listing online)

## Locations (1 total)

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The University of Kansas Medical Center, Kansas City, Kansas, United States