

# Knee Osteoarthritis Rehabilitation Through Rotational Inertia

NCT07424352

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University of Colorado, Denver
<b>Enrollment</b>	60 participants

## Key Eligibility Criteria

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### Inclusion (10)

- Aged 40-70 years
- Radiographically confirmed knee OA (Kellgren-Lawrence [KL] Grade 2 or 3)
- Able to walk independently (assistive devices permitted)
- Aged 40-70 years
- No radiographic evidence of knee OA (KL Grade 0 or 1)
- ... and 5 more (see full listing online)

### Exclusion (5)

- Uncontrolled hypertension or other cardiovascular disease
- A musculoskeletal condition preventing physical testing
- Neurological muscle weakness (e.g., stroke, spinal cord injury)
- BMI  $\geq 34.9$  kg/m<sup>2</sup>
- Recent hospitalization (past 3 months)

## Locations (1 total)

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University of Colorado, Denver, Aurora, Colorado, United States