

Role of Elevated Lactate Levels on Lipid and Carbohydrate Metabolism.

NCT07426172

Status	RECRUITING
Phase	Not Applicable
Sponsor	Ricardo Mora
Enrollment	24 participants

Key Eligibility Criteria

Inclusion (6)

- Men and women
- >18 years of age
- Women non-pregnant or taking contraceptive medication
- Physically active according to WHO's guidelines
- Metabolic syndrome as IDF 2009 criteria (Alberti et al., Circulation)
- ... and 1 more (see full listing online)

Exclusion (3)

- Chronic illness that prevents them from exercising
- Affected blood samples at screening, as assessed by the PI
- Assessed as unsuitable by PI

Locations (1 total)

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