

Effect of Digitally Supported Medical Nutrition Therapy on Left Ventricular Ejection Fraction in Patients With ST-Elevation Myocardial Infarction

NCT07427199

Status	RECRUITING
Phase	Not Applicable
Sponsor	Saglik Bilimleri Universitesi
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (5)

- Individuals aged 19-65 who have fully completed the voluntary consent form
- Being of normal weight (BMI 18.5-24.9 kg/m²) or obese (30-34.99 kg/m²)
- Having suffered a heart attack with ST elevation (STEMI)
- To be enrolled in the study within the first 72 hours after hospital admission
- To be willing to participate in a follow-up period of at least 3 months

Exclusion (6)

- Those who did not sign the voluntary consent form
- Individuals aged over 65
- Weight loss exceeding 5% in the last 3 months
- Those with malignancy, chronic renal failure or severe systemic disease
- Patients unable to complete the questionnaires due to severe cognitive impairment
- ... and 1 more (see full listing online)

Locations (1 total)

Ondokuz Mayıs Üniversitesi Tıp Fakültesi Hastanesi, Samsun, Atakum, Turkey (Türkiye)