

# Snacking Effects on the Brain Response to Foods and Satiety During Dieting

NCT07428187

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Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Colorado, Denver
Enrollment	70 participants

## Key Eligibility Criteria

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### Inclusion (4)

- years old
- BMI at least 27 kg/m<sup>2</sup>
- Comfortable completing a weight-loss intervention
- Willing to consume a daily snack of either walnuts or pretzels

### Exclusion (14)

- Nut or wheat allergy
- History of bariatric surgery
- Current eating disorder
- Current illicit substance use
- Current pregnancy, lactation (or less than 3 months after stopping lactation), or less than 6 months postpartum
- ... and 9 more (see full listing online)

## Locations (1 total)

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University of Colorado Anschutz Medical Campus, Aurora, Colorado, United States