

Effect of Aerobic Exercises Versus Low Interval Training on Cardiorespiratory Fitness in School Going Children.

NCT07428850

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	130 participants

Key Eligibility Criteria

Inclusion (4)

- Age 6-12
- School going children
- Healthy children without chronic illness
- Cognitive skills

Exclusion (6)

- Cardiovascular disease,
- asthma,
- musculoskeleton disorders
- Children with any Physical disability
- Behavioural issue
- ... and 1 more (see full listing online)

Locations (1 total)

Govt High School Daska, Daska Kalan, Punjab Province, Pakistan