

Video Game Intervention In Older Adults

NCT07433608

Status	RECRUITING
Phase	Not Applicable
Sponsor	Biruni University
Enrollment	32 participants

Key Eligibility Criteria

Inclusion (1)

- Age 60 years or older A score of 24 or higher on the Mini Mental State Examination (MMSE) Ability to understand and follow verbal instructions Willingness to participate voluntarily

Exclusion (1)

- Presence of a neurological, orthopedic, or psychiatric diagnosis Medical contraindications to exercise Diagnosis of dementia Acute orthopedic injury Visual or hearing impairment that would interfere with participation Inability to attend sessions regularly

Locations (1 total)

Biruni University, Istanbul, Zeytinburnu, Turkey (Türkiye)