

Effect of a Ginger-Based Beverage on Inflammation, Oxidative Stress, and Endothelial Function

NCT07433998

Status	RECRUITING
Phase	Not Applicable
Sponsor	Javier Marhuenda
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (14)

- Male and female participants.
- Age between 23 and 65 years.
- Body mass index (BMI) \leq 27.5 kg/m².
- Absence of diagnosed chronic diseases.
- Not receiving pharmacological treatment or dietary supplementation on a regular basis.

... and 9 more (see full listing online)

Locations (1 total)

UCAM, Murcia, Spain