Evaluation of Food Additive Contributions to Obesity: Pilot Study 1

NCT07437430

Status	RECRUITING
Phase	Not Applicable
Sponsor	McMaster University
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (1)

• Males and females age 20-80; BMI 30-39 kg/m2 inclusive; willingness and ability to follow the proposed study interventions and procedures; informed consent.

Exclusion (1)

• Weight loss of e3% in the last 3 months; previous or planned bariatric surgery in the next 1 year; current or planned participation in any structured weight-loss programs; current or recent (within the last 6 months) use of weight-loss-inducing drugs (including GLP-1 agonists); history of frequent intermittent or continuous use of systemic steroids; excessive alcohol consumption; recent or anticipated adjustments to mood, anxiety or anti-psychotic medications; untreated bipolar disorder or attention deficit hyperactivity disorder; eating disorder or any other disorder that may lead to significant weight changes; breastfeeding, pregnancy, planned pregnancy or planned fatherhood in the next 6 months; type 1 diabetes; uncontrolled diabetes mellitus (HbA1Ce9%); diabetes requiring treatment with insulin; aversion to foods that will be served during testing sessions.

Locations (1 total)

McMaster University Medical Centre, Hamilton, Ontario, Canada