

The Effects of an Oral Nutritional Intervention on the Small Intestine Microbiome

NCT07439718

Status	RECRUITING
Phase	Not Applicable
Sponsor	Société des Produits Nestlé (SPN)
Enrollment	25 participants

Key Eligibility Criteria

Inclusion (7)

- Males or females aged 18 to 60 years, inclusive, at enrollment.
- BMI of ≥ 18.5 but < 30 kg/m².
- Healthy, as determined based on self-reported medical history.
- No planned change in diet or medical interventions during the study.
- Willing to collect fecal samples and retrieve sampling capsules from feces.

... and 2 more (see full listing online)

Exclusion (20)

- Prior or suspected gastrointestinal disease (as reported by the participant) which, in the investigator/study doctor's opinion, would lead to fistula formation, intestinal stricturing, or obstruction leading to a risk of capsule non-excretion (i.e. achalasia, active ulcer disease, eosinophilic esophagitis, Crohn's disease, ulcerates colitis, celiac disease, irritable bowel syndrome, stenosis of the GI tract).
- Any prior gastrointestinal surgery (as reported by the participant) which, in the investigator/study doctor's opinion, would lead to intestinal stricturing or obstruction leading to a risk of capsule non-excretion (i.e. previous esophageal, gastric, small intestinal, or colonic surgery). Note: appendectomy, cholecystectomy, hysterectomy, oophorectomy, hemorrhoid surgery more than 3 months prior to enrollment are acceptable.
- History of chronic diarrhea (defined as Bristol stool scale 5 to 7; or persistent or recurrent loose or watery stools lasting for more than 4 weeks), as reported by the participant.
- History of chronic constipation (defined as having less than 3 bowel movements per week) in the past month, as reported by the participant.
- Any history of obstructive symptoms in the previous 3 months prior to enrollment, as reported by the participant.

... and 15 more (see full listing online)

Locations (1 total)

Clinical Lab, Lausanne, Switzerland

<https://clinicaltrials.gov/study/NCT07439718>

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