

# Effects of Traditional Game in School Going Children

NCT07440771

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Riphah International University
<b>Enrollment</b>	48 participants

## Key Eligibility Criteria

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### Inclusion (4)

- years of school-going children
- Give informed consent
- physically healthy and medically fit to participate in physical activity
- BMI within normal-for-age range to control for physical performance variability.

### Exclusion (4)

- presence of at least one of the following conditions: circulatory, respiratory and musculoskeletal diseases, neuropsychiatric disease, exercise induced anaphylaxis, morbid obesity
- History of injury or surgery in the past 4 months
- Currently participating in other structured sports training or agility-specific coaching program, or research procedures
- Inconsistent attendance in the intervention sessions.

## Locations (1 total)

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Imran Amjad, Lahore, Punjab Province, Pakistan