

The Effectiveness of Exercise in the Treatment of Erectile Dysfunction and Premature Ejaculation

NCT07442396

Status	RECRUITING
Phase	Not Applicable
Sponsor	Uskudar University
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (4)

- Male individuals aged 25-45 years
- Individuals diagnosed with erectile dysfunction and premature ejaculation
- Individuals who voluntarily agree to participate in the study and sign the informed consent form
- Individuals who have the physical and cognitive capacity to participate in pelvic floor physiotherapy applications

Exclusion (5)

- Individuals with a history of surgery in the pelvic region
- Individuals with a diagnosis of neurological disease or neurological disorder that may affect pelvic floor muscle function
- Presence of active infection, inflammation, or painful pathology in the pelvic region
- Individuals who regularly use medications that significantly affect sexual function
- Individuals with serious psychiatric illness or cognitive impairment that may hinder study compliance

Locations (1 total)

Uskudar university, Istanbul, Turkey (Türkiye)