

Hunger Perception and Weight-Related Outcomes Following Use of a Leptin-Supporting Dietary Supplement

NCT07442864

Status	RECRUITING
Phase	Not Applicable
Sponsor	Efforia, Inc
Enrollment	100 participants

Key Eligibility Criteria

Inclusion (4)

- Adults aged 18 years or older
- Willing to pay for study supplies and able to take the dietary supplement daily for 12 weeks
- Willing to complete electronic questionnaires and self-reported measurements
- Able to provide informed consent

Exclusion (4)

- Pregnant or breastfeeding individuals
- Known allergy or sensitivity to any supplement ingredients
- Use of medications or supplements that could interfere with appetite or weight without medical clearance
- Any medical condition that would make participation unsafe, as determined by the participant

Locations (1 total)

Efforia, New York, New York, United States