

Microbiological and Clinical Effects of Pre- and Probiotics in Non-Surgical Periodontal Therapy

NCT07443410

Status	RECRUITING
Phase	Not Applicable
Sponsor	University Hospital Heidelberg
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (4)

- Age e 18 years
- Stage III or IV periodontitis (localized or generalized)
- Ability to provide informed consent
- Written informed consent including data protection consent

Exclusion (10)

- Pregnancy or breastfeeding
- Conditions/medications likely to substantially confound the oral microbiome or periodontal healing (e.g., uncontrolled diabetes mellitus, systemic immunosuppression, chronic steroid use)
- Antibiotic use within the last 3 months
- Use of oral pre-/probiotic supplements within the last 3 months
- Recent subgingival instrumentation within the last 6 months
- ... and 5 more (see full listing online)

Locations (1 total)

Heidelberg University Hospital, Heidelberg, Baden-Wurttemberg, Germany