

# Neural Mobilization to Improve Chronic Musculoskeletal Pain in Older Adults

NCT07449819

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Aveiro University
Enrollment	4 participants

## Key Eligibility Criteria

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### Inclusion (2)

- Community-dwelling older adults aged 60 years or older
- People with chronic musculoskeletal pain

### Exclusion (5)

- Individuals undergoing surgery in the last 3 months
- Individuals diagnosed with dementia, cancer, thrombosis, or central nervous system injury (e.g., stroke);
- Individuals who are receiving another physiotherapy intervention
- Individuals who do not understand the Portuguese language
- Individuals with mild cognitive impairment

## Locations (1 total)

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Department of Medical Sciences, University of Aveiro (Portugal), Aveiro, Portugal