

Evaluating the Efficacy of Blood Flow Restriction Therapy in a Randomized Clinical Trial for Postoperative Rehabilitation Following Ankle Ligament Reconstruction

NCT07451210

Status	RECRUITING
Phase	Not Applicable
Sponsor	Texas Tech University Health Sciences Center
Enrollment	105 participants

Key Eligibility Criteria

Inclusion (3)

- Age 18-65 years.
- Post ankle ligament reconstruction surgery (medial or lateral, with or without ankle scope).
- Capability of paying for physical therapy or having insurance coverage for at least 6 weeks of therapy.

Exclusion (12)

- Major cardiac or connective tissue disorders (e.g., Ehlers-Danlos syndrome, Marfan syndrome).
- Autoimmune disorders.
- History of stroke or deep vein thrombosis (DVT).
- Bleeding or coagulation disorders.
- Congenital or developmental musculoskeletal disorders (e.g., cerebral palsy, Parkinson's disease).

... and 7 more (see full listing online)

Locations (5 total)

Physical Therapy Today (PTT), Lubbock, Texas, United States
University Medical Center, Lubbock, Texas, United States
Northstar Surgery Center, Lubbock, Texas, United States
... and 2 more locations