

Stress Ball Use During Cataract Surgery: Effects on Pain, Fear and Satisfaction

NCT07452770

Status	RECRUITING
Phase	Not Applicable
Sponsor	Bezmialem Vakif University
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (5)

- Individuals aged 18 years or older,
- Without hearing or cognitive impairments,
- Without any neurological conditions that would prevent squeezing a stress ball,
- Without any physical limitations in the hands or arms that would prevent squeezing a stress ball,
- Individuals undergoing cataract surgery for the first time will be included.

Exclusion (6)

- Under 18 years of age,
- Change in anesthesia type during surgery (from topical anesthesia to general anesthesia)
- Patients scheduled for cataract surgery under general anesthesia,
- Patients with psychiatric disorders,
- Patients diagnosed with uncontrolled hypertension,
- ... and 1 more (see full listing online)

Locations (1 total)

Bezmialem Vakif University, Istanbul, Istanbul, Turkey (Türkiye)