

# Immediate Effects of Neuromuscular Electrical Stimulation on Pain and Function in Achilles Tendon Disorders

NCT07453485

---

<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University of Brasilia
<b>Enrollment</b>	30 participants

## Key Eligibility Criteria

---

### Inclusion (3)

- Primary complaint of pain localized in the midportion (2-6 cm proximal to the calcaneus) or insertion of the Achilles tendon, and/or a history of Achilles tendon rupture occurring at least 3 months prior to assessment.
- Pain on palpation of the Achilles tendon.
- Pain during load-bearing activities

### Exclusion (4)

- Exclusive diagnosis of bursitis confirmed by ultrasonographic assessment
- Any other lower limb injury
- History of lower limb surgery within the past year
- Previous Achilles tendon tenoplasty performed less than 3 months prior to assessment

## Locations (1 total)

---

University of Brasilia, Brasília, Federal District, Brazil