

HIIT vs MCIT for Stroke-Related Sarcopenia in Ischemic Stroke

NCT07456956

Status	RECRUITING
Phase	Not Applicable
Sponsor	Fenerbahce University
Enrollment	32 participants

Key Eligibility Criteria

Inclusion (13)

- First-ever stroke.
 - Age 18 years or older.
 - Diagnosis of ischemic stroke.
 - Stroke duration between 1-6 months (subacute phase).
 - Modified Rankin Scale score ≤ 3 .
- ... and 8 more (see full listing online)

Exclusion (4)

- Presence of hemispatial neglect.
- History of recurrent stroke.
- Presence of a psychiatric disorder.
- Presence of orthopedic, neurological, or cardiopulmonary conditions that would contraindicate the planned exercise protocols.

Locations (1 total)

Fenerbahçe University, Istanbul, Ata_ehir, Turkey (Türkiye)