

Function and Lean Mass Preservation With Resistance Exercise During a GLP-1RA Treatment

NCT07457437

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Exeter
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (3)

- years old
- BMI ≥ 27 kg/m² with one obesity related co-morbidity or a BMI between ≥ 30 and 35 kg/m²
- Female

Exclusion (13)

- Previous GLP-1RA use
 - Diabetes (Type 1 and 2)
 - Contraindicative health condition to GLP-1/GIP
 - Fail clinically administered health screening form for tirzepatide prescription
 - Pregnant or wanting to become pregnant in the next 6 months
- ... and 8 more (see full listing online)

Locations (1 total)

Nutritional Physiology Research Unit, Exeter, Devon, United Kingdom