

# Guangzhou Community Elderly Fall Prevention Appropriate Technology Promotion Project

NCT07458958

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Guangzhou Center for Disease Control and Prevention
Enrollment	320 participants

## Key Eligibility Criteria

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### Inclusion (8)

- Between 60 and 80 years old (inclusive).
- Community-dwelling.
- Planning to reside at the current address for the next 12 months.
- Able to walk 50 meters unaided (can use a cane).
- Experienced one or more falls in the past 2 years, OR Is "very worried" or "somewhat worried" about falling (even without a fall history).

... and 3 more (see full listing online)

### Exclusion (7)

- Having an acute disease or an acute episode of a chronic disease.
- Having hearing, vision, or cognitive impairments, or self-reported neurological or psychiatric diseases (e.g., epilepsy, dementia) that prevent normal communication and learning.
- Self-reported serious diseases (e.g., cardiac, cerebral, renal, hepatic, respiratory, or hematologic systems) and judged by a doctor or on-site assessor as intolerant to physical activity.
- Diagnosed with conditions that explicitly affect balance function (e.g., vestibular disorders, cerebellar system lesions, vertigo, Ménière's disease).
- Requires a wheelchair or assistance from another person to walk.

... and 2 more (see full listing online)

## Locations (1 total)

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Guangzhoucenter Fordisease Control and Prevention Guangzhou Health Supervision Institute , Guangzhou, Guangdong, China