

Effectiveness of Dental Bleaching Using Different Designs of 3D-Printed and Conventional Customized Nightguards

NCT07464197

Status	RECRUITING
Phase	Not Applicable
Sponsor	Universitat Internacional de Catalunya
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (7)

- Adults aged 18 years or older
- Good general and oral health
- No current medical treatment (self-reported)
- No need for surgical, endodontic, periodontal, or restorative dental treatment
- At least six upper and six lower anterior teeth free of caries and restorations
- ... and 2 more (see full listing online)

Exclusion (7)

- Previous tooth bleaching treatment
- Orthodontic appliances or prostheses that interfere with treatment
- Severe intrinsic discoloration (e.g., tetracycline staining, fluorosis, or endodontically treated teeth with discoloration)
- Pregnancy or lactation
- Bruxism
- ... and 2 more (see full listing online)

Locations (1 total)

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