

Body Composition and Lifestyles in Athletes With Disabilities

NCT07464899

Status RECRUITING
Sponsor University of Alicante
Enrollment 300 participants

Key Eligibility Criteria

Inclusion (5)

- Acceptation of informed consent
- Have a federation license and at least two years of experience practicing the sport in which they will be classified.
- Follow a training program with a minimum frequency of three days per week.
- Have maintained training continuity for at least one month without absences.
- Any type of disability.

Exclusion (2)

- No attendance to the evaluations
- Reporting less than 80% of assistance to physical activity sessions reported by trainer

Locations (1 total)

Faculty of Health Sciences. University of Alicante, San Vicent del Raspeig, Alicante, Spain