

Postnatal Exercise to Activate Baby's Brown Fat

NCT07467694

Status	RECRUITING
Phase	Not Applicable
Sponsor	Joslin Diabetes Center
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (6)

- y of age at the time of enrollment
 - Pre-gravid or first trimester BMI 18.5 -40 kg/m²
 - Uncomplicated singleton pregnancy
 - Intention to exclusively breastfeed for >3 months and, if parity >1, that they successfully breastfed a previous pregnancy
 - Term pregnancy (gestational age 37 to <42 weeks)
- ... and 1 more (see full listing online)

Exclusion (8)

- Any obstetric contra-indication to exercise at 1 month
 - Diagnosis of uncontrolled (HbA1c >7%) type 1 or type 2 diabetes, or gestational diabetes managed with insulin
 - Intrauterine growth restriction
 - Pre-eclampsia or other pregnancy complications
 - Alcohol, cannabis or tobacco use
- ... and 3 more (see full listing online)

Locations (2 total)

Joslin Diabetes Center, Boston, Massachusetts, United States
Oklahoma University College of Medicine, Oklahoma City, Oklahoma, United States