

# Effect of a Daily Supplement on Plasma PAI-1 Levels

NCT07469475

---

<b>Status</b>	RECRUITING
<b>Phase</b>	Phase 1, Phase 2
<b>Sponsor</b>	University of California, Los Angeles
<b>Enrollment</b>	35 participants

## Key Eligibility Criteria

---

### Inclusion (1)

- People of any gender at least 18 years of age who do not have a history of acute or chronic cardiovascular illnesses are eligible.

### Exclusion (9)

- Younger than 18 years of age
  - Currently pregnant (which will be confirmed by pregnancy test for participants capable of pregnancy)
  - Using hormonal birth control
  - Current smoker
  - Allergy to ginger, muira puama, Paullinia cupana, or L-citrulline
- ... and 4 more (see full listing online)

## Locations (2 total)

---

UCLA, Los Angeles, California, United States  
UCLA The Men's Clinic, Santa Monica, California, United States