

Preop US-Guided Nerve Blocks for Pain & Recovery After Ankle Arthroscopy

NCT07470021

Status	RECRUITING
Phase	Not Applicable
Sponsor	Second Affiliated Hospital, School of Medicine, Zhejiang University
Enrollment	70 participants

Key Eligibility Criteria

Inclusion (6)

- Age between 18 and 65 years
- ASA physical status classification I-II
- Scheduled to undergo ankle arthroscopy under general anesthesia
- Expected to be available for follow-up on the day of surgery (day-case or short-stay surgery)
- Able to understand the procedures and methods of the clinical trial and voluntarily provide written informed consent
- ... and 1 more (see full listing online)

Exclusion (8)

- History of severe ankle nerve injury or peripheral neuropathy
- Severe cardiac, pulmonary, hepatic, or renal dysfunction
- Chronic pain or regular use of opioid analgesics for more than 3 months
- History of extensive ankle or lower leg surgery that may affect nerve localization
- Psychiatric disorders or cognitive impairment that preclude accurate NRS pain scoring
- ... and 3 more (see full listing online)

Locations (1 total)

The Second Affiliated Hospital Zhejiang University School of Medicine, Hangzhou, Zhejiang, China