

Effects of Telerehabilitation-Based Dual-Task Exercises on Balance, Fall Risk, Cognitive Function, and Sleep Quality in Geriatric Individuals

NCT07472101

Status	RECRUITING
Phase	Not Applicable
Sponsor	Bulent Ecevit University
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (7)

- Participants aged 65 to 74 years.
- Berg Balance Scale (BBS) score between 41 and 56.
- Tinetti Performance Oriented Mobility Assessment (POMA) score between 19 and 23.
- Mini-Mental State Examination (MMSE) score between 18 and 30.
- Independent in activities of daily living.
- ... and 2 more (see full listing online)

Exclusion (7)

- Participants younger than 65 years.
- Individuals with cardiovascular diseases.
- Amputees.
- Individuals with severe cognitive impairment.
- Individuals with significant visual or hearing impairments.
- ... and 2 more (see full listing online)

Locations (1 total)

Zonguldak Bülent Ecevit University, Zonguldak, Kozlu, Turkey (Türkiye)